

6. Race Result Women Group A 3000 meter

| | Name | Cat | Country | PB | Time Info |
|---|------------------------------|-----|-----------------------|----|----------------|
| 1 | wt 48 Tomoko Wakazuki | W40 | JPN | | 6:42.92 |
| | rd 6 Jessica Chu | W30 | CAN | | 6:42.20 |
| | Tomoko Wakazuki | | Jessica Chu | | |
| | 200m 26.79 (26.79) | | 200m 27.90 (27.90) | | |
| | 600m 1:14.30 (47.51) | | 600m 1:15.47 (47.57) | | |
| | 1000m 2:04.28 (49.98) | | 1000m 2:05.48 (50.01) | | |
| | 1400m 2:57.20 (52.92) | | 1400m 2:58.71 (53.23) | | |
| | 1800m 3:52.70 (55.50) | | 1800m 3:53.18 (54.47) | | |
| | 2200m 4:50.29 (57.59) | | 2200m 4:48.97 (55.79) | | |
| | 2600m 5:47.60 (57.31) | | 2600m 5:45.23 (56.26) | | |
| | 3000m 6:42.92 (55.32) | | 3000m 6:42.20 (56.97) | | |

| | Name | Cat | Country | PB | Time Info |
|---|------------------------|-----|---------|---------|------------|
| 2 | yw 50 Irma Woud | W50 | NED | 4:45.43 | DNS |
| | Irma Woud | | | | |
| | | | | | m |

| | Name | Cat | Country | PB | Time Info |
|---|------------------------------------|-----|-----------------------|---------|-------------------|
| 3 | wt 22 Tove Julianne Nerdahl | W45 | NOR | 7:13.56 | 7:10.75 PB |
| | rd 13 Peggy Herschke | W50 | GER | 6:02.14 | 6:02.47 |
| | Tove Julianne Nerdahl | | Peggy Herschke | | |
| | 200m 29.85 (29.85) | | 200m 26.40 (26.40) | | |
| | 600m 1:20.47 (50.62) | | 600m 1:10.00 (43.60) | | |
| | 1000m 2:13.51 (53.04) | | 1000m 1:55.96 (45.96) | | |
| | 1400m 3:09.71 (56.20) | | 1400m 2:44.03 (48.07) | | |
| | 1800m 4:10.26 (60.55) | | 1800m 3:33.58 (49.55) | | |
| | 2200m 5:11.18 (60.92) | | 2200m 4:22.82 (49.24) | | |
| | 2600m 6:12.74 (61.56) | | 2600m 5:12.51 (49.69) | | |
| | 3000m 7:10.75 (58.01) | | 3000m 6:02.47 (49.96) | | |

| | | Name | Cat | Country | PB | Time | Info |
|-----------------------|----|-------------------|-----------------------|---------|---------|----------------|---------|
| 4 | yw | 46 Daniela Völker | W45 | GER | 7:05.55 | 6:42.32 | MT |
| | bl | 31 Andrea Roberts | W35 | CAN | 6:28.90 | 6:28.36 | PB |
| Daniela Völker | | | Andrea Roberts | | | | |
| | | 200m | 29.68 | (29.68) | 200m | 29.33 | (29.33) |
| | | 600m | 1:20.81 | (51.13) | 600m | 1:18.52 | (49.19) |
| | | 1000m | 2:13.51 | (52.70) | 1000m | 2:07.51 | (48.99) |
| | | 1400m | 3:07.73 | (54.22) | 1400m | 2:58.64 | (51.13) |
| | | 1800m | 4:02.60 | (54.87) | 1800m | 3:50.60 | (51.96) |
| | | 2200m | 4:56.22 | (53.62) | 2200m | 4:43.90 | (53.30) |
| | | 2600m | 5:50.45 | (54.23) | 2600m | 5:37.34 | (53.44) |
| | | 3000m | 6:42.32 | (51.87) | 3000m | 6:28.36 | (51.02) |

| | | Name | Cat | Country | PB | Time | Info |
|--------------------------|----|-------------------------|-----------------------------|---------|---------|----------------|---------|
| 5 | wt | 42 Anna Van der Stok | W50 | NED | 5:28.86 | 5:36.25 | |
| | rd | 41 Evelien van der Kist | W35 | NED | 4:59.72 | 5:23.64 | |
| Anna Van der Stok | | | Evelien van der Kist | | | | |
| | | 200m | 24.77 | (24.77) | 200m | 23.54 | (23.54) |
| | | 600m | 1:04.52 | (39.75) | 600m | 1:04.34 | (40.80) |
| | | 1000m | 1:47.25 | (42.73) | 1000m | 1:46.61 | (42.27) |
| | | 1400m | 2:32.56 | (45.31) | 1400m | 2:29.47 | (42.86) |
| | | 1800m | 3:17.71 | (45.15) | 1800m | 3:12.36 | (42.89) |
| | | 2200m | 4:03.44 | (45.73) | 2200m | 3:55.75 | (43.39) |
| | | 2600m | 4:49.75 | (46.31) | 2600m | 4:39.75 | (44.00) |
| | | 3000m | 5:36.25 | (46.50) | 3000m | 5:23.64 | (43.89) |

| | | Name | Cat | Country | PB | Time | Info |
|-------------------------|----|----------------------------|-------------------|---------|---------|----------------|---------|
| 6 | yw | 21 Evelyn Mein-Klok | W50 | NED | 5:38.69 | 6:07.69 | |
| | bl | 2 Heidi Beck | W30 | CAN | 5:40.64 | 5:50.11 | |
| Evelyn Mein-Klok | | | Heidi Beck | | | | |
| | | 200m | 27.14 | (27.14) | 200m | 26.06 | (26.06) |
| | | 600m | 1:11.86 | (44.72) | 600m | 1:10.15 | (44.09) |
| | | 1000m | 1:58.71 | (46.85) | 1000m | 1:56.04 | (45.89) |
| | | 1400m | 2:46.33 | (47.62) | 1400m | 2:42.49 | (46.45) |
| | | 1800m | 3:35.12 | (48.79) | 1800m | 3:28.94 | (46.45) |
| | | 2200m | 4:25.08 | (49.96) | 2200m | 4:16.28 | (47.34) |
| | | 2600m | 5:16.09 | (51.01) | 2600m | 5:02.98 | (46.70) |
| | | 3000m | 6:07.69 | (51.60) | 3000m | 5:50.11 | (47.13) |

| | | Name | Cat | Country | PB | Time | Info |
|----------------------|----|-----------------------------|--------------------------|---------|---------|----------------|---------|
| 7 | wt | 4 Esther Bouman | W35 | NED | 4:46.41 | 5:40.39 | |
| | rd | 44 Wendy van der Ham | W50 | NED | 5:19.09 | 5:50.69 | |
| Esther Bouman | | | Wendy van der Ham | | | | |
| | | 200m | 26.39 | (26.39) | 200m | 25.09 | (25.09) |
| | | 600m | 1:08.81 | (42.42) | 600m | 1:08.40 | (43.31) |
| | | 1000m | 1:53.82 | (45.01) | 1000m | 1:54.35 | (45.95) |
| | | 1400m | 2:39.98 | (46.16) | 1400m | 2:40.72 | (46.37) |
| | | 1800m | 3:24.81 | (44.83) | 1800m | 3:27.45 | (46.73) |
| | | 2200m | 4:09.76 | (44.95) | 2200m | 4:15.50 | (48.05) |
| | | 2600m | 4:55.43 | (45.67) | 2600m | 5:03.93 | (48.43) |
| | | 3000m | 5:40.39 | (44.96) | 3000m | 5:50.69 | (46.76) |

| | | Name | Cat | Country | PB | Time | Info |
|------------------------|----|---------------------------|-----------------|---------|---------|----------------|---------|
| 8 | yw | 11 Claudia Henckel | W35 | NED | 4:58.14 | 5:09.31 | |
| | bl | 29 Kim Reid | W50 | CAN | 5:21.00 | 6:00.41 | FL |
| Claudia Henckel | | | Kim Reid | | | | |
| | | 200m | 22.19 | (22.19) | 200m | 26.15 | (26.15) |
| | | 600m | 59.83 | (37.64) | 600m | 1:06.34 | (40.19) |
| | | 1000m | 1:39.42 | (39.59) | 1000m | 1:49.36 | (43.02) |
| | | 1400m | 2:20.11 | (40.69) | 1400m | 2:35.03 | (45.67) |
| | | 1800m | 3:01.05 | (40.94) | 1800m | 3:21.83 | (46.80) |
| | | 2200m | 3:43.28 | (42.23) | 2200m | 4:10.92 | (49.09) |
| | | 2600m | 4:26.54 | (43.26) | 2600m | 4:59.97 | (49.05) |
| | | 3000m | 5:09.31 | (42.77) | 3000m | 6:00.41 | (60.44) |

| | | Name | Cat | Country | PB | Time | Info |
|------------------------------------|----|---------------------------------------|------------------------|---------|---------|----------------|---------|
| 9 | wt | 30 Eva Riemersma - van Rheenen | W40 | NED | 4:42.79 | 4:59.28 | |
| | rd | 16 Christiane Kloß | W50 | GER | 4:38.75 | 5:10.48 | |
| Eva Riemersma - van Rheenen | | | Christiane Kloß | | | | |
| | | 200m | 23.40 | (23.40) | 200m | 24.35 | (24.35) |
| | | 600m | 59.38 | (35.98) | 600m | 1:01.24 | (36.89) |
| | | 1000m | 1:37.18 | (37.80) | 1000m | 1:41.78 | (40.54) |
| | | 1400m | 2:16.07 | (38.89) | 1400m | 2:23.49 | (41.71) |
| | | 1800m | 2:55.77 | (39.70) | 1800m | 3:05.11 | (41.62) |
| | | 2200m | 3:36.37 | (40.60) | 2200m | 3:46.46 | (41.35) |
| | | 2600m | 4:17.74 | (41.37) | 2600m | 4:27.93 | (41.47) |
| | | 3000m | 4:59.28 | (41.54) | 3000m | 5:10.48 | (42.55) |

| | | Name | Cat | Country | PB | Time Info | |
|----|----|-----------------------------|---------|---------|--------------------------|-----------------|--|
| 10 | yw | 25 Nicole Peeters | W30 | NED | 5:04.13 | 5:31.84 | |
| | bl | 35 Solfrid Sivertsen | W45 | NOR | 4:59.09 | 6:07.53 | |
| | | Nicole Peeters | | | Solfrid Sivertsen | | |
| | | 200m | 26.64 | (26.64) | 200m | 29.15 (29.15) | |
| | | 600m | 1:10.26 | (43.62) | 600m | 1:15.30 (46.15) | |
| | | 1000m | 1:53.85 | (43.59) | 1000m | 2:02.53 (47.23) | |
| | | 1400m | 2:38.30 | (44.45) | 1400m | 2:51.81 (49.28) | |
| | | 1800m | 3:28.59 | (50.29) | 1800m | 3:41.05 (49.24) | |
| | | 2200m | 4:06.69 | (38.10) | 2200m | 4:29.46 (48.41) | |
| | | 2600m | 4:49.31 | (42.62) | 2600m | 5:18.20 (48.74) | |
| | | 3000m | 5:31.84 | (42.53) | 3000m | 6:07.53 (49.33) | |